

CITY OF LONG BEACH  
Health and Dental Coverage Continuation  
**COBRA Election Form**

Name: \_\_\_\_\_  
Last First Middle Initial

Address: \_\_\_\_\_  
Street City State Zip Code

Social Security #: \_\_\_\_\_ Phone #: \_\_\_\_\_

Existing Health Plan: \_\_\_\_\_ Existing Dental Plan: \_\_\_\_\_

Type of Qualifying Event: \_\_\_\_\_ Termination/Reduction of hours \_\_\_\_\_ Employee Death  
\_\_\_\_\_ Divorce \_\_\_\_\_ Former Dependent Child

Date of Qualifying Event: \_\_\_\_\_ Effective Date Cobra Coverage Begins: \_\_\_\_\_

Continue Coverage For: \_\_\_\_\_ Employee (& Dependents) Date Coverage Ends: \_\_\_\_\_  
(18 months, 29 months if disabled)

Continue Coverage For: \_\_\_\_\_ Spouse \_\_\_\_\_ Child Date Coverage Ends: \_\_\_\_\_  
(36 months)

Eligible Applicant's Name: \_\_\_\_\_ Social Security #: \_\_\_\_\_  
(if not employee)

Address: \_\_\_\_\_  
Street City State Zip Code Phone #

All checks or money orders must be made out to the City of Long beach for the TOTAL amount indicated below and mailed to Human Resources, Employee Benefits Section, 13<sup>th</sup> Floor, 333 West Ocean Boulevard, Long Beach, CA 90802. **Please write the word "COBRA" on the check or money order.**

MONTHLY AMOUNT:		With Dental	Without Dental
Health (Carrier Name)	_____	\$ _____	\$ _____
Dental (Carrier Name)	_____	\$ _____	
Admin. Cost (2%/50%)	City of Long Beach	\$ _____	\$ _____
	TOTAL	\$ _____	\$ _____

You may continue your health and dental coverage by signing and dating this election form, completing the attached enrollment forms and by paying the Continuation Payment indicated above.

**NOTE:** Your continuation payment(s) indicated above are due within **45 days** of the date you sign this form. Benefits will not be available until all paperwork and premiums are received and processed.

Your beginning payment must include all premiums due from the effective date through the month in which payment is received. Thereafter, **monthly premiums are due no later than the twentieth (20<sup>th</sup>) of the month prior to the month of coverage.**

**Failure to make payments in a timely manner can result in your coverage being cancelled.**

Please indicate whether or not you wish to continue your group health and/or dental coverage and return one copy of this form to your Departmental Payroll/Personnel Assistant.

\_\_\_\_\_ I request continuation of my coverage under the group plan(s) named above  
for which I was covered on the date of eligibility.  
\_\_\_\_\_ I do not wish to continue my coverage.

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Departmental Payroll Clerk's Signature

\_\_\_\_\_  
Date